



## ALLERGEN CHART

GLUTEN

MILK

SOY

EGG

PEANUT/TREENUT

FISH/SHELLFISH

CORN

YEAST

MSG

### CRUSTS

THIN CRUST	✓	✓	✓				✓	✓	
PAN CRUST	✓	✓	✓				✓	✓	
GLUTEN FREE CRUST			✓	✓			✓	✓	
NO DOH - PARMESAN	✓	✓						✓	
NO DOH - SPINACH			✓	✓			✓	✓	

### SAUCES

BBQ							✓		
BUFFALO		✓	✓				✓		
PESTO		✓							
CLASSIC RED									
SPICY RED									
SWEET RED							✓		
TACO							✓		
WHITE		✓	✓				✓		

### CHEESE

BLUE CHEESE CRUMBLES		✓							
CHEDDAR JACK CHEESE		✓							
FETA CHEESE CRUMBLES		✓							
GOAT CHEESE CRUMBLES		✓							
MOZZARELLA - FRESH SLICES		✓							
MOZZ/PROVOLONE MIX		✓							
PARMESAN CHEESE		✓							
RICOTTA CHEESE		✓							

### MEATS

ANCHOVIES						✓			
BACON							✓		
BEEF CRUMBLE			✓						
CHICKEN			✓				✓	✓	
CHICKEN SAUSAGE	✓	✓	✓	✓					
HAM									
MEATBALL	✓	✓	✓	✓	✓			✓	
PEPPERONI									
SAUSAGE							✓		
SAUSAGE CRUMBLE			✓				✓		

#### GLUTEN FREE AND ALLERGEN NOTICE:

While we do have a gluten free crust option and many toppings that are gluten free, because we make fresh dough throughout the day and use the same toppings for all of our pizzas and salads, we cannot guarantee any menu item is 100% gluten free.

Rapid Fired Pizza and its employees do not assume any responsibility and or liability for any allergy or sensitivity to any food consumed from our restaurants. We have made every effort to be accurate with our data as so provided and obtained from the manufacturers of our food items. Product information is for the current products as of **July 13, 2017**, but variations can occur due to ingredient substitutions, differences in suppliers, recipe revisions and product assembly at the restaurant level. This information is not meant to substitute for the advice provided by a physician or other medical professional.

An asterisk ( \* ) indicates that this product was manufactured in a facility that also manufactures peanuts, treenuts, or soy



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**VEGGIES (AND SOME FRUIT)**

ARTICHOKE HEARTS									
ARUGULA									
BANANA PEPPERS									
BASIL									
BLACK OLIVES									
CUCUMBER									
GREEN OLIVES									
GREEN ONION									
GREEN PEPPER									
JALAPENOS									
KALAMATA OLIVES									
LETTUCE (ICEBERG)									
LETTUCE (SALAD BLEND)									
MUSHROOMS									
FRESH MUSHROOMS									
PINEAPPLE									
RED ONION									
RED PEPPER									
ROASTED GARLIC									
SPINACH									
SUN DRIED TOMATO							✓		
TOMATO									

**SEASONINGS**

CRUSHED RED PEPPER									
FIRECRACKER		✓							
GARLIC POWDER									
OREGANO									
PARMESAN		✓							
SEA SALT									
THE BOMB		✓							

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GLUTEN MILK SOY EGG PEANUT/TREENUT FISH/SHELLFISH CORN YEAST MSG

### DIPPING SAUCES

BBQ							✓		
BOOM BOOM			✓	✓			✓		
BUFFALO		✓	✓				✓		
CHIPOTLE RANCH		✓	✓	✓					✓
GARLIC SAUCE			✓				✓		
GOLDEN BBQ	✓		✓				✓		
PESTO		✓							
RANCH		✓	✓	✓					✓
RAPID FIRED	✓	✓	✓	✓			✓		✓
RED - CLASSIC									
RED - SWEET									
RED-SPICY							✓		
SWEET HABANERO							✓		
TACO SAUCE							✓		

### HOT SAUCES

CAYENNE									
GARLIC HABANERO									
GHOST PEPPER									
HABANERO									
JALAPENO									

### SALAD DRESSINGS

BALSAMIC VINAIGRETTE			✓						
BLUE CHEESE		✓	✓	✓					
CAESAR		✓		✓		✓			
FAT FREE FRENCH			✓						
FAT FREE RANCH		✓					✓		
LIGHT ITALIAN			✓						
THOUSAND ISLAND			✓	✓					

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DESSERTS									
APPLE TOPPING							✓		
BLUEBERRY TOPPING							✓		
BROWNIES	✓		✓	✓			✓		
CARAMEL SAUCE		✓					✓		
CHERRY TOPPING							✓		
CHOCOLATE CHIP COOKIE	✓	✓	✓	✓	*				
CINNAMON STREUSEL	✓	✓	✓	*	*				
CREAM CHEESE ICING		✓					✓		
OATMEAL RAISIN COOKIE	✓	✓	✓	✓	*				
PEACH TOPPING							✓		
VANILLA ICING		✓					✓		
WHITE CHOCOLATE MACADAMIA COOKIE	✓	✓	✓	✓	✓				

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